# 2020 Virtual KLC - Recorded Session

15. Everything We Do.... – Cheryl, Trish, Stacey



Everything we do in life we do for a reason. We make choices – and every choice makes us who we are.

Each summer at KLC, we pack a ton of activities into an awesome four-day experience. The intent is not to simply keep busy – Everything we do we do for a reason! At KLC each activity, each experience, has a great lesson.

- **Leadership Labs** provide valuable information and resources to become stronger, more productive leaders.
- **Team & Mascot Activities** model the rewards of working together toward a common goal, interaction in smaller groups, discover/develop self-confidence.
- Creative Periods allow campers to see the steps and details associated with planning, preparing and presenting an event in a short amount of time, with limited resources.
   (#14. Organizing & Planning A Large Event-CP Lessons)
- Laugh, Love & Lift Sessions share educational & informative information suggested by former campers.
- **Recreation** remind us that life should be a balance of work and play not a time to offer an escape from life but to provide a discovery of life.
- **Meal time** connects campers with one another and provides an opportunity to learn manners/valuable lifetime skills.
- **Housing** encourage networking, sharing, and developing friendships.
- **General Sessions** –allow campers the chance to hear motivational messages and communicate with one another.
- **Special Events** provide an opportunity to experience the rewards of teamwork and see the importance of celebration, reflection and appreciation.

We don't have these activities to fill time. We have these activities to have fun experiences and learn lessons at the same time. At camp and in KAY, we believe that WORK MADE FUN GETS DONE!

Today we have three areas we would like to focus on: CREATIVITY, MANNERS, RECREATION.

# AND TO HELP US TODAY - WELCOME TO KAYEPORADY!

(LYDIA STARTS PPT - MUSIC, FOLLOWED BY THE SCREEN BEING REVEALED)

- 1. **WELCOME TO KAYEOPARDY**, an exciting adventure that allows KAY members the opportunity to have a better connection and understanding about the KAY and KLC program.
- 2. INTRODUCTIONS Host name....

  Contestants- Self intro (name, town, occupation, KLC#, KAY club @ KLC)
- 3. IT'S TIME TO PLAY KAYEOPARDY!

### **CATEGORIES -**

- WATCH YOUR P'S AND Q'S
- OUTSIDE THE BOX
- RE-CREATE WITH RECREATION
- o IT'S A SPOON NOT A SHOVEL
- THERE IS NO "I" IN TEAM

### 4. BEGIN GAME



Coin flip = Trish will go first

Contestants, remember to phase your answer in the form of a question.

Selection – THE ANSWER IS...

# WATCH YOUR P'S AND Q'S

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#### A: RESPECTFULLY

Q: In KAY, all members deserve to have their voices heard and to be spoken to in this way.

KAY members understand and practice respect each day. They know the importance of making sure that all members have the opportunity to share ideas and determine a plan, implement that plan, and evaluate when the activity is complete. All of this is done in a way that shows respect to each member of the club.

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#### A: APPRECIATION

Q: After a party, project, or program it is important for club members to show this to all who helped make the event a success.

People participate in activities that make them feel good, and they go where they are appreciated. Nothing makes an impact like a genuine "thank you" for a job well done. In KAY, we strive to make sure that members realize how their participation made a difference in the life of another person.

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# A: KAY MEMBERS SHOULD STRIVE TO BE THIS EACH DAY IN THEIR SCHOOLS AND COMMUNITIES.

### Q: A role model for others

KAY leaders who model the skills of a leader by the way they talk to one another, the way they act around others, and the way they present themselves in social media set an example for others to follow. Actions and speech that show respect, kindness, courteousness, and integrity are some essential characteristics of good leaders.

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# A: WHEN WORKING WITH OTHERS ON A PROJECT, THIS IS NEEDED TO GET THE JOB DONE SMOOTHLY.

#### Q: Clear and timely communication

Working with a team requires the use of clear and timely communication. Projects, programs, and parties have many working parts and good communication skills are important for getting the job done.

# **OUTSIDE THE BOX**

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### A: TO THINK CREATIVELY

### Q: Thinking this way is a KAY privilege

It is a privilege to have the "freedom of thought" in KAY. Think, deliberate, create, invent, plan, ponder. Use your imagination and explore the ability to see something in a new way. Your way isn't always the best or right way. Leaders see and appreciate other perspectives.

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### A: THINK OUTSIDE THE BOX

Q: This type of thinking requires team members to make connections between things that are not normally connected.

Many times the ideas of one person can be combined with those of another. Tap into things that could be fun, informative, entertaining and challenging. Throwing out all ideas, even if they are far-fetched, is the key.

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#### A: EXCESSIVE PRESSURE

### Q: This halts creativity and kills initiative

As a leader, it is important that all participants feel safe to volunteer their thoughts and ideas. Set ample time to just think. If judgement occurs during brainstorming for example, creativity will end and the true value and process of brainstorming will not be understood.

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#### A: BRAINSTORMING

Q: This planning activity requires participants to list every idea they can think of for a project, party, or program

Dream Big. Before you begin a session, remind your participants: Don't hold back, we will go for quantity not quality; no idea is a dumb idea.

# **RE-CREATE WITH RECREATION**

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#### A: TO LIVE A HEALTHY LIFESTYLE

Q: This KAY Privilege prompts KAY members to think about physical and mental health.

There are 10 KAY Privileges and To Live A Healthy Lifestyle is one of them. These privileges were written by students with the lead-in statement "As a youth in the years of decision, we believe these rights and privileges are mine...

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#### A: DAILY EXERCISE

Q: This has the potential to boost energy levels, strengthen mental health, and provide protection against illness.

Daily exercise is an important part of our lives. Among numerous benefits, it strengthens our heart and circulation, lowers blood pressure, boost our energy level, reduces our levels of stress and improves our mode. In addition, exercise opportunities are fun as we interact with other and devote time to ourselves.

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### A: BE THE SPARK

Q: This program promotes a healthy lifestyle for future Kansas generations.

Be The Spark is an exciting opportunity for all KAY Clubs to "Dream Big" as they explore ideas for promoting physical, mental and nutritional health. Blue Cross & Blue Shield of Kansas, working with KAYAN, provides grant money for interested clubs.

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A: CANOEING, HORSEBACK RIDING, GA-GA BALL, RIFLE RANGE, ARCHERY, SWIMMING, AND MOUNTAIN BIKING

Q: These outdoor recreation activities at KLC led by the Rock Springs Ranch staff.

An exciting part of the KLC experience is the opportunity to recreate with others. 14 recreation activities are offered each afternoon, providing a refreshing break to the days schedule and a chance to be with others. Campers choose their preferred recreation when registering for KLC.

# IT'S A SPOON NOT A SHOVEL

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A: TO THE RIGHT

Q: When dining family style, always pass things in this direction.

At camp, we sit 10 people to a table and dine family style. This means that everything is passed around the table starting with the person seated at the head of the table. When you pass things to the right, it allows the person beside you to receive that item with his or her left hand. This keeps people from constantly bumping elbows.

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A: PLATE

Q: Foods placed on this are eaten with a fork, not a spoon.

There may be a time when you find yourself at a nice social dinner or having a meal with your future employer. Knowing some basic rules of etiquette can come in handy! Table etiquette says that foods served on a plate are eaten with a fork, and foods served in a bowl are eaten with a spoon.

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### **A: SALT AND PEPPER**

Q: When dining family style, these 2 items are always passed together.

Salt and pepper are married - they stick together as they are passed from person to person at the table. When you pass the salt and pepper, pass them with your left hand - middle finger tucked between the two shakers. The person receiving them accepts them in their hand - palm facing up.

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A: HANDLE

Q: When passing a pitcher of water around the table, the recipient should be able to grab this easily

Pitchers of water can be slippery with condensation. If you pass the pitcher so that the recipient can grab its handle, there will be fewer spills.

# THERE IS NO "I" IN TEAM

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A: TEAMWORK

Q: Trust, effective communication, respect, togetherness, and positivity are necessary traits of this.

Many hands create light work. Ask for help when you are leading a project and volunteer to assist others. Without teamwork, it's no fun and nothing gets accomplished. Together everyone achieves more.

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### **A: VISIONARY LEADER**

Q: This type of leader understands the importance of motivating and including all members and is open to new ideas.

This perspective takes practice. You must look at the year all at once. Tell everyone where you want to go and motivate them to come with you on the journey; Set your goals together, plan your year in advance. Plan your work and work your plan. Proper, precise planning prevents poor performance.

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A: Consensus

Q: When members of a team settle on an idea, they reach this.

Having your team (your sponsor, board, and members) on the same page is vital to achieve your mission and goal. Plan early and get everyone on the same page. It is your job as a leader to motivate those around you to reach the common goal.

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A: WHAT THEY HELP TO CREATE

Q: Members of KAY always support this

Leaders must have a shared vision with their team. If there is no consensus and no input from others when goal setting, it will be an uphill battle to lead the team toward the finish line. Remember to ask and include your sponsor, board, and your members for opinions, advise, and ideas. There is no "I" in team.

### WHEN DONE WITH ALL CATEGORIES

I am excited to announce that we have a tie!

We will have 1 Q/A to determine the winner. Players, place your wages now...

# Final Category: **LEADERSHIP TRAINING**

A: This exciting lifetime experience provides Kansas students the opportunity to see leadership and teamwork in action, to discover their own unique qualities, network with others and gain the confidence to make a difference in the world around them.

Q: What is KAY Leadership Camp!

Trish- wagered all, correct answer; Stacey-wagered all, correct answer.

### **BOTH WIN AN ALL EXPENSE PAID TRIP TO KLC @ RSR IN 2021!**

Mark your calendars for July 26-30, 2021 as we return to RSR for another exciting and memorable experience of leadership training, excitement and fun at it's best!!

Thanks for joining us today. Stay tuned to KAY for more exciting times to come.

And remember, we are always **STRONGER TOGETHER!**